

20  
ANNIVERSARY  
UNDER 5  
INTERNATIONAL PRESCHOOLS  
DEUTSCHER KINDERGARTEN





## ABOUT US

The Under 5 story all started back in 2003; with a passionate mother who wanted nothing but a caring and beneficial environment for her child. She started the nursery and promised herself to keep it that way and to develop it to be the place behind young successful kids.

The nursery expanded and started to serve parents with both international and national preschool needs. Our stick to the promise that allowed Under 5 to come to be is what set us aside from other preschools and created the bond and trust that we have between our kids, parents and us.

We are now proud to announce that our journey has reached SIX nurseries, covering the main residential areas in Cairo, with a team that is here for you to answer any questions, receive and work on any problems to make our parents and potential parents the most satisfied ones out there.

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## MISSION

Our mission at Under 5 is to build a solid foundation for our children's developmental process, which revolves around encouragement of individual and social awareness. We provide a loving and caring environment centered around accommodating your child's every need. We strive to give each child the feeling of being included, honored and truly valued.

## VISION:

To create a society of learners, with a solid foundation for independent and creative thinking, and to arm each child with essential skills that aid their individual Learning process, which would enable them to flourish and reach their full potential.





# VALUES

## LEARNING:

Children don't remember what you teach, but what you are, we take the learning process to whole new level. Taking into account the child's individual personality our educators and practitioners are chosen for their superior ethics and integrity as we understand the need for inspiring role models.

## SAFETY:

Ensuring the safety of your children tops the list of our values. We take all measures possible to account for accidents.

## PLAY:

Associating school or education with hard work is a fatal mistake we bring out the fun in learning and maintain a light and fun environment.

## GROWTH:

By adopting internationally acclaimed programs of learning, we understand that every child is unique and dedicate our time and effort to acknowledge and honor the differences.

## CREATIVITY:

Every child is born creative and our job and pleasure is to encourage and believe in their creativity to transform it into practical confidence and intelligence.



# OUR LEARNING APPROACHES

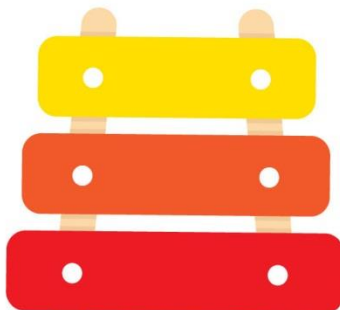
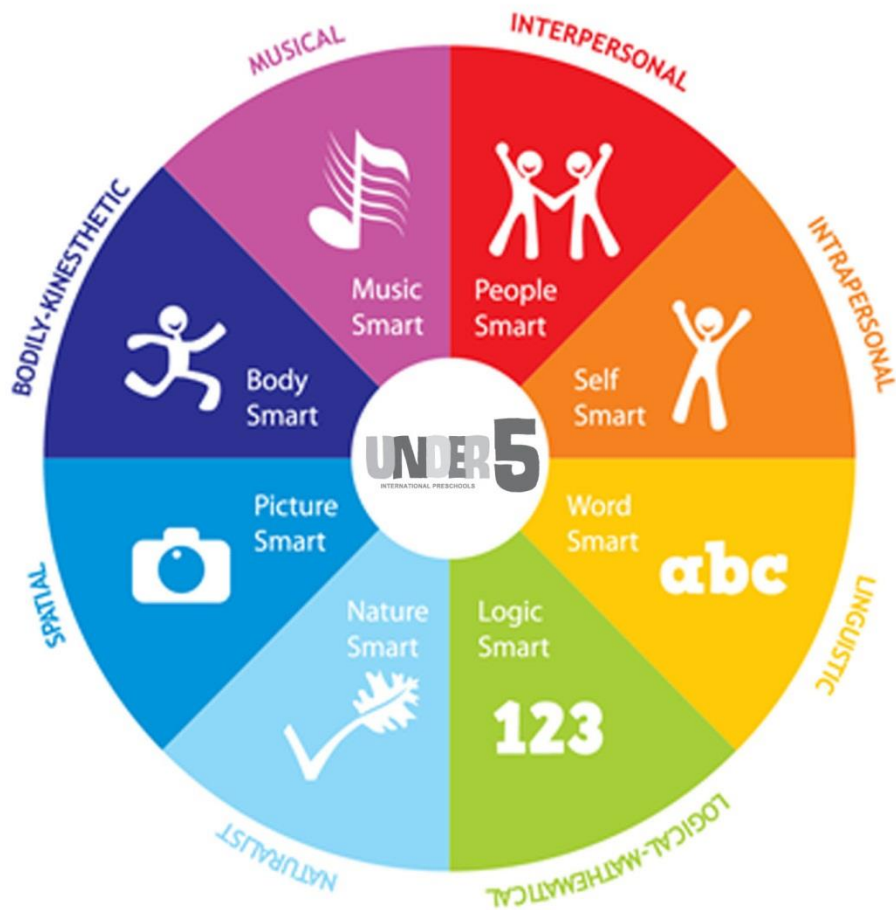
## MULTIPLE INTELLIGENCES

The theory of multiple intelligences (M.I) was originally founded by Professor Howard Gardner, and has since been implemented in many parts of the world.

According to Gardner's theory, one form of intelligence is not better than another, as they are all equally valuable and viable.

Based on Howard Gardner's theory of multiple intelligences and Harvard University's "Project Zero" research studies, Under 5 has created

a curriculum that emphasizes on identifying children's areas of strength and using this information as the basis for an individualized educational program.







### **Naturalist / Environmentalist**

Children with a high appreciation of natural wonders and phenomena are said to possess this intelligence. They see the connection within the natural world and display genuine care for the environment.

### **Visual / Spatial**

Children with high visual intelligence process information best using pictures, visuals, and imagery. They have a sense of direction and an ability to think and plan in three dimensions.

### **Musical / Rhythmic**

Children with high musical intelligence learn best through music, sound, and rhythm. They have high ability to perceive pitch, tone and rhythmic patterns.

### **Logical / Mathematical**

Children who display this intelligence are curious about how things work. They are able to carry out complex calculations, enjoy finding connections and patterns in shape and numbers.

### **Bodily Kinesthetic**

This form of intelligence involves using body parts to communicate or express oneself, and the ability to coordinate bodily movements well."

## **LEARNING HOW CHILDREN LEARN BEST**

The theory of M.I. advocates that every person is smart, but at varying degrees of the M.I. scale. By broadening our view of intelligence and making opportunities available to every child, R.E.A.L Kids is able to leverage the strengths of children as a means to complement their less developed areas. Essentially, there are 8 main types of 'intelligence' as outlined in M.I. These include:

### **Verbal Linguistic**

This intelligence involves the ability to communicate and having the love to use language in a variety of ways, through oral or writing, as opposed to pictures.

### **Interpersonal**

Children with this intelligence process information by relating to others. They display a high awareness or sensitivity towards others' feelings and intentions.

### **Intrapersonal**

Children have a strong sense of themselves as well as their wants and needs. They are self-reflective and are thoughtful in making decisions about their lives





# MONTESORI-INSPIRED ENVIRONMENT

At Under 5, we incorporate some parts of the Montessori philosophy and its inspired activities into our classrooms in order to help children develop new skills, strengthen existing ones and explore their own interests.

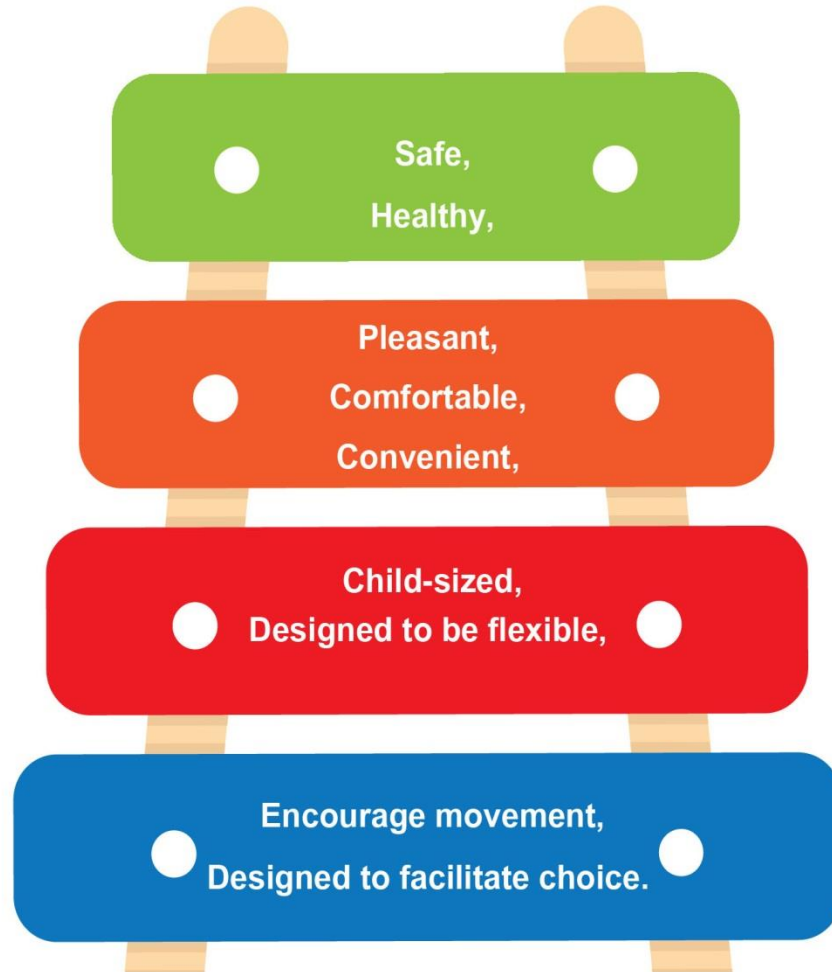
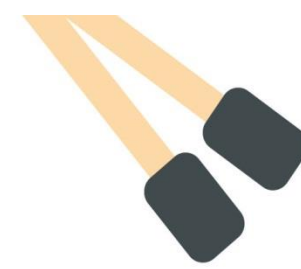
"Montessori is a method of education started by Italian physician Maria Montessori in the early 1900s. Montessori education is devoted to helping each child achieve his or her potential and develop a lifelong love of learning. It is an exciting process of self-discovery leading to confidence, indolence, self-discipline, and a hunger to learn because they are learning through themselves and through inspiring activities," explains Maria Montessori.

At Under 5, we always strive to guarantee that our education and environment are the best, ensuring that our children can explore, learn and create through structured learning and free play. We dedicate our time to helping our children build independent and unique personalities.

We value the concepts of sharing, empathy and creative self-expression and guarantee a loving, nurturing, engaging, hygienic and safe environment for our little ones to grow smart, happy and confident. Our goal is to work with you and your child to nurture and develop their abilities. If you are looking for that, then you have come to the right place!



# ENVIRONMENT QUALITIES AT UNDER 5



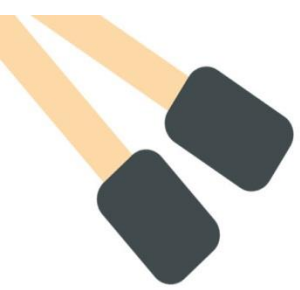
Photos from the Sherouk branch.

# UNDER 5'S SAFETY, HEALTH, HYGIENE AND NUTRITION QUALITIES

Under 5 provides a safe and clean environment, which is essential for the general health of the children. We strive to ensure a hygienic environment to minimize the risk of bacterial, viral and fungal diseases.

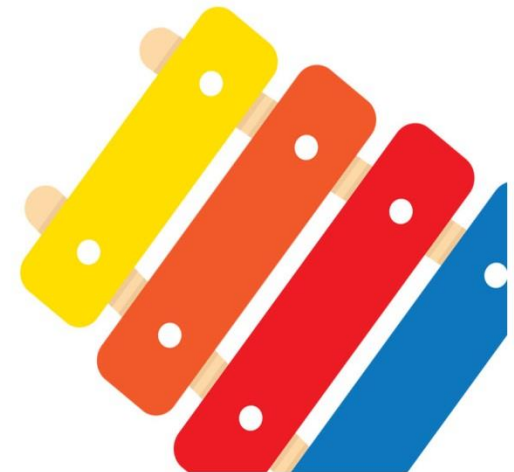




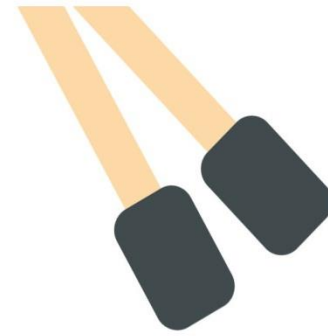


## UNDER 5'S SAFETY FEATURES AND MEASURES

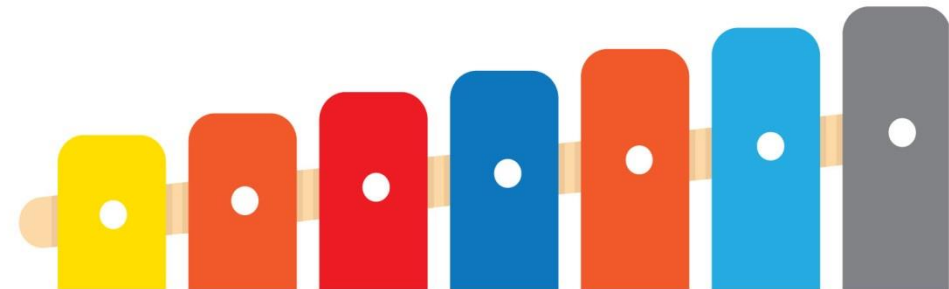
- Staff conduct daily safety checks of all areas (including outdoor area) regularly to ensure that the environment does not pose a potential threat, harm or danger to the infants/toddlers.
- The floor surfaces and area layout shall be safe for crawling, standing and walking.
- All furniture, fittings and fixtures are safely and appropriately constructed for the age group and are in good working condition at all times.
- All equipment, materials and toys are appropriate for each age group.
- The premises is vigilant of toys with small, removable parts, materials/equipment that are broken/damaged and items painted with/containing toxic substances.
- Weekly health checks for each child is conducted at Under 5.



# HYGIENE PRACTICES



- Under 5's staff observes the following practices:
- Feeding equipment and all surfaces used for food preparation (e.g. utensils and bottles) are sterilized after each use.
- Liquid soap is used and hands washed under running water:
- Before and after diapering,
- Before and after preparation of meals and feeding an infant,
- When in contact with bodily fluids such as mucus, urine, saliva or fecal matter.
- Disposable paper towels are used for drying hands.
- The diapering area is disinfected with each diaper change.
- Soiled diapers are placed in plastic bags and disposed of in a covered bin, preferably with a step pedal to reduce the risk of contamination.
- Toys used by the infants/toddlers are washed daily.





# PROVISION FOR NUTRITION



We provide food that conforms to the dietary requirements for a healthy and cognitive development. All our branches have individual feeding plan that includes instructions from parents or medical practitioners.





# OUR AGE GROUPS

## INFANTS(3-18 MONTHS)

Our infant program starts at 3 months through 18 months. During these first special months, our teachers and caregivers spend time holding, nurturing, talking and singing to babies and infants to help them establish secure attachments. Alongside the emotional, physical and cognitive needs that are met, babies enjoy sufficient tummy time every day, lay under mobile toys to strengthen their eye coordination and they're regularly taken out to the garden to enjoy the sun and fresh air.

Infants are also offered age-suitable toys to enhance their cognitive and physical development. We interact with and guide our infants through monitored playtime to provide a healthy environment for them to explore their natural abilities in movement, exploration, and communication. Additionally, the songs we sing and the stories we read stimulate verbal and musical intelligence.

Because routine is key for babies and infants, our teachers and caregivers keep a daily log of feeding, sleeping, and changing times, helping our children transition from infants to toddlers as smoothly as possible.

## TODDLERS(18 MONTHS-2 YEARS)

Under 5's toddler program provides a fun and more active learning environment. Our toddlers enjoy a daily balance of structured learning and free play, bouncing between coloring, tracing, dancing, gymnastics, art, singing and story time.

We encourage our children to explore and learn through playing with blocks and puzzles, creative art and imaginary play. We enjoy books each day during circle time and make sure the stories and songs we use encourage early language proficiency.

Our toddlers practice real-life routines like hand washing, putting on/taking off their own socks, shoes, and coats, bringing down and cleaning up toys and sharing them with friends. Toddlers experience healthy peer interaction, while participating in activities that strengthen gross motor skills, such as balancing, catching, bouncing, and standing on tip-toes, as well as fine motor skills through drawing, painting, and coloring.



## PRESCHOOLERS (2-4 YEARS)

Our Preschool program is subdivided into two stages: Junior Program (2-3 Years) and Senior Program (3-4 Years). Our curriculum is designed to open our children's eyes to the world, introducing them to topics like world culture which they might not otherwise be exposed to. We believe that just memorizing information deprives children of developing their natural smartness; therefore, we offer an all-encompassing program of reading, writing, tracing, coloring, problem-solving, creative arts, singing, dancing, imaginary play, mini-science, mini-culture and motor skill development, giving them a variety of exciting opportunities to explore, discover and learn in their own unique ways.

At Under 5, we listen to our children, as they try their best to articulate their needs, talents, abilities, and interests.

## SUMMER SCHOOL/ AFTERSCHOOL CLUB (4- 8 YEARS)

Under 5 offers an extraordinary summer camp experience. The program includes general recreational camp activities that feature arts & crafts, sports, swimming, field trips, enjoying nature and more!

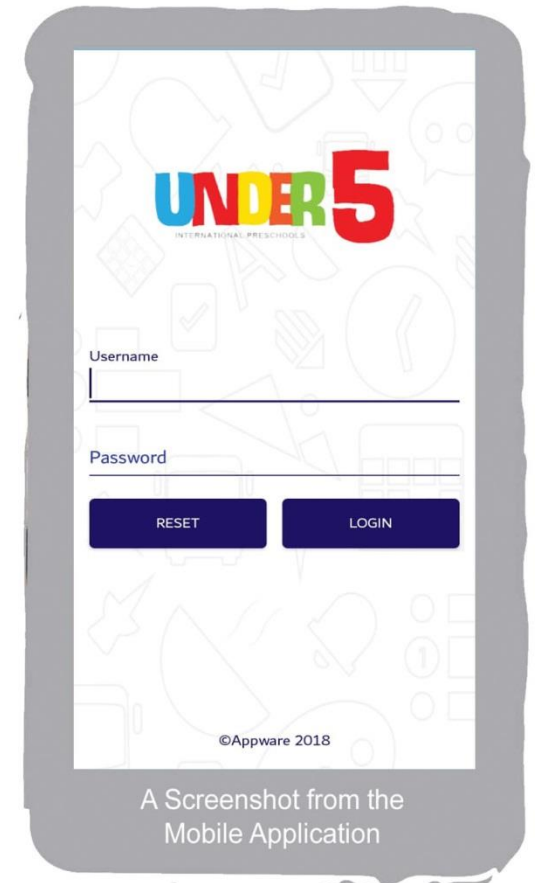






## OUR MOBILE APPLICATION

There's a mobile app for everything! That's why we decided to use an app as an open channel of communication between both teachers and parents, to keep the parents updated with all the activities, schedules and daily routine of their children, while simultaneously making it easier for the teachers to get parent feedback, all in one click!



# OUR PARTNERS

Under 5 offers support to all working parents who work in several local and international companies







**20**  
Years  
**OF UNDER5**

**NEW CAIRO**  
1ST SETTLEMENT

**UPTOWN CAIRO**

**NEW CAIRO**  
5TH SETTLEMENT

**SHEIKH ZAYED**

**AL-SHEROUQ**

**6TH OF OCTOBER**

**MAADI**

**ALEXANDRIA**

**CITYSTARS**  
HELIOPOLIS

**ALX WEST**



**/UNDERSNURSERY**



**/UNDERS.EG**



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